

KPR Institute of Engineering and Technology

(Autonomous, NAAC "A")

Avinashi Road, Arasur, Coimbatore.

CH007

NBA Accredited (CSE, ECE, EEE, MECH, CIVIL)

MILLETS TOWARD NUTRITIONAL HEALTH

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Event No	CH007
Organizing Department	Chemical Engineering
Associate Dept. NSC	Indian Institute of Chemical Engineers
Date	11/01/2023
Time	03:00 PM to 04:00 PM
Event Type	Guest Lecture
Event Level	Dept. Level
Venue	Veena Hall
Total Participants	112
Faculty - Internal	12
Students - Internal	100

Related SDG



Involved Staffs

SI	Name	Role
1	Dharani L	Convenor
2	Umapriya R	Convenor

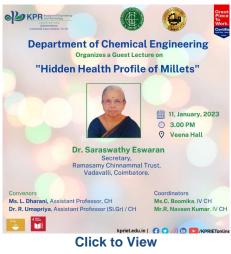
Outcome

The outcome of the event was a greater understanding and appreciation for millet as a healthy and nutritious food source. Attendees were also able to increase their knowledge on how to incorporate millet into their diets for a balanced lifestyle. In addition, the event provided an incredible learning opportunity for faculty and students alike and was a great success overall.

Event Summary

The Department of Chemical Engineering conducted a guest lecture given by Dr. Sarawathy Eswaran, Secretary, Ramasamy Chinnammal Trust, Vadavalli, Coimbatore on the topic "Hidden Health Profile of Millets" on January 11, 2023. The event was attended by 12 faculty members and 100 students. Dr. S. Balasubramanian, Professor & Head, Department of Chemical Engineering gave the welcome address. Dr. Saraswathy Eswaran spoke on the nutritional benefits of millets. The lecture also discussed the importance of millet utilization in traditional and modern diets, and how millets provide essential vitamins and minerals for a healthy lifestyle. The participants were highly engaged throughout the lecture and there was an active discussion on the topics covered. The event was concluded with an interactive Q&A session. The vote of thanks was given by Mr. Teepak Soorya of III B.Tech. Chemical Engineering. At the end of the event, faculty members and students alike had an increased knowledge on the nutritional benefits of millets and an understanding of how to incorporate them into a healthy lifestyle. Overall, the guest lecture was a successful event that was highly informative. The faculty members, students and event organizers were extremely pleased with the guest lecture and thanked Dr. Eswaran for his valuable insights. Additionally, the guests expressed their appreciation for the opportunity to attend and interact with the Secretary of Ramasamy Chinnammal Trust. The event was a great success and the department looks forward to having more such events in the near future. Feedback from the participants was very positive, citing their enhanced knowledge on the nutritional benefits of millets and how to incorporate them into a healthy lifestyle.







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